



NSAMRT

NOVA SCOTIA ASSOCIATION
OF MEDICAL RADIATION
TECHNOLOGISTS

CAMRT Leadership Development Institute

Allison Cobb, RTR

As the national professional association and certifying body for MRT's, the CAMRT consistently provides the resources its members need to remain competent and effective contributors to the healthcare system. As we know, our healthcare system is complex and ever-changing. It consists of a multitude of professions all working together with the common goal of providing optimal patient care. The CAMRT recognizes the need for MRT's to not only develop their clinical skills but also their leadership, communication and teamwork skills. With this in mind, the CAMRT recently developed the Leadership Development Institute (LDI) which was held for the first time, this past October in Ottawa. It was conducted over a 3 day period and was facilitated by an organizational development consultant named Sylvie LaPointe. Sylvie is the president of her own company called L2 Emergence which focuses on helping organizations and teams become more effective and resilient to change. Due to the dynamic nature of Canada's healthcare system, Sylvie had much to offer the participants of the LDI. I believe that all the MRT's that attended returned to work with a new optimism, belief in themselves and what they have to offer the healthcare team as well as motivation to share the skills they learned with their co-workers.

Sylvie led the group through a weekend of lecture, group exercises and self-reflection. The topics covered included personality dimensions, learning styles, communication skills, effective team work, problem solving, qualities of a leader and coaching skills for leaders. While many of these topics we have all learned at some point during our education, Sylvie presented them in a thought-provoking and refreshing way. She utilized inventive, non-threatening group and individual exercises to demonstrate the topics covered such as puzzle building, lateral thinking exercises, role playing and questionnaires.

Going into the experience I was a little anxious because while I do believe I have my own strengths, I would never have considered myself a leader. I perceived a leader to be someone who is outgoing, likes to talk and is comfortable delegating and speaking in front of others. While these are skills that some leaders possess, the LDI helped me to recognize the characteristics about myself such as good listening skills, organization, problem solving, decision making and interpersonal skills that make me a leader in my own right. It also enabled me to recognize the characteristics in other people that make them leaders as well. By recognizing the abilities in ourselves and others, we can better relate to each other and improve the efficacy of the healthcare system.

Overall, I would say that I highly enjoyed my experience at the LDI and can not say enough positive things about it. I learned a lot about myself and left Ottawa with a renewed pride in my profession and excitement about what the future offers. I enjoyed meeting and working with the other MRT's from all the disciplines and made some new friends that I hope to see again at future conferences and events.

I encourage all NSAMRT members to apply for future LDI opportunities. As I have discussed, there was a lot to learn but it was also A LOT of fun. We had several social outings and there was lots of good food! It was also a great way to get to know members of the CAMRT executive and put a face to the names that we see in emails and newsletters. It helped me to recognize just how much the CAMRT does for its members and has made me want to contribute to both my PMA and the CAMRT by utilizing the leadership skills I now realize I have.

Editor's note: CAMRT has approved funding for future LDI opportunities. The next opportunity will be for fall of 2011. Look for application submission notification from CAMRT if you are interested.

2011 Nova Scotia Association of Medical Radiation Technologists Annual General Conference ~ Agenda



"Therapists & Techs Discover Baddeck"

NSAMRT & NSSDMS 71st ANNUAL GENERAL MEETING AND CONFERENCE

April 29th – May 1st, 2011

Friday, April 29th, 2011

0800 - 0845	<u>Registration</u>
0845 - 0900	<u>Opening Remarks</u> Lindsay Peach
0900 - 1000	<u>"What's what in Breast Imaging?"</u> Dr. Gerald Schaller
1000 - 1030	<u>Coffee</u>
1030 - 1130	<u>"CO² Arteriography"</u> Dr. Allie
1130 - 1300	<u>Lunch</u>
1300 - 1400	<u>"Fractures"</u> Dr. Dianne Theriault
1400 - 1445	<u>MRI – TBA</u>
1445 - 1515	<u>Coffee</u>
1515 - 1600	<u>"Surviving Survival – Long Term Effects Of Breast Irradiation"</u> Cianna Chiasson, BSc, RTT.
1600 - 1645	<u>"Thyrogen Use in Thyroid Cancer"</u> Cindy MacNeil, BACS, B.Ed, CCPE, Clinical Science Specialist

Saturday, April 30th, 2011

0830 - 0930	<u>Medical Errors</u> Dr. Pat Croskerry
0930 - 1000	<u>Coffee</u>
1000 - 1100	<u>Circadian Rhythm</u> Dr. Pat Croskerry
1100 - 1200	<u>Her Honour the Honourable Mayann E. Francis, O.N.S., DHumL, Lieutenant Governor of Nova Scotia</u>
1200 - 1300	<u>Awards Luncheon</u>
1300 - 1400	<u>DI Decisions for the Trauma Patient – "What are those ER docs thinking?"</u> Dr. Tom Currie
1400 - 1700	<u>71st NSAMRT – AGM</u>

Sunday, May 1st, 2011

0830 - 0930	<u>Breakfast</u>
0930 - 1000	<u>Technologists through the Eyes of Students</u> Keisha Fraser, Myrna Gillis, Sarah MacIntyre
1000 - 1030	<u>Post Diploma, Bachelor of Health Sciences Degree Program</u> Wendy Terris Klaus, BA, MEd.
1030 - 1200	<u>"Ouch"</u> Maria Fraser
1200 - 1215	<u>Closing Remarks</u>

2010 CAMRT Award for Early Professional Achievement

Jill Surette, BSc, RTNM

**Congratulations Jill
from all the members of the NSAMRT
on your winning achievement of this award.**



Jill Surette is pictured here with CAMRT President, Shirley Bague, RTR, ACR, RTMR, after receiving her award.

The Award for Early Professional Achievement is designed to honor a member of the CAMRT who has provided at an early stage in their career, inspiration and leadership to their colleagues by acting as a role model of professionalism and/or volunteerism.

The CAMRT wants to encourage technologists early in their careers to become involved with their professional organizations and believes honoring them at this early stage emphasizes the CAMRT's commitment to members at all points of their professional life.

Jill graduated from Dalhousie University with a BSc in Psychology in 1997 and a Health Sciences Diploma in Nuclear Medicine in 2002. She began full-time employment in 2002 to present as a nuclear medicine technologist at the IWK,

also serving as Interim Supervisor of Nuclear Medicine for 8 months. Jill was involved with the NSAMRT Executive from 2006-2010 serving as Member at Large, Treasurer and Committee Liaison Officer. Jill is a representative on the IWK Education Committee, as well as the Continuing Education Committee at the Dalhousie University School of Health Sciences. She has also been a member of the Faculty at the Dalhousie University School of Health Sciences for 6 years as a sessional instructor for the pediatric nuclear medicine clinical education course and also is a preceptor and lab demonstrator for the school.

The NSAMRT is proud of Jill on her accomplishments and wish her continued success in her career as a Nuclear Medicine Technologist.

The Act Steering Committee (TASC) Update

Lisa Bourne, BSc, RTT, ACT - TASC Chairperson

Unfortunately on February 3rd we were notified that our proposed Act would not be tabled in the spring 2011 sitting of the legislature. As per the Senior Director of the Health Legislation branch, there is to be a limited legislative agenda for this spring. The government will be mostly focusing on the provincial budget so our proposal for new legislation has been pushed back to be considered for the fall 2011 sitting.

It was definitely not the news that we had been hoping for. It was extremely disappointing as our committee has been very committed and have been working very hard to keep things moving forward. However, we knew that this could be a possibility.

The next steps in the process are:

1. The Health Profession Legislations Review Committee will be meeting in April/May to review the information that we have been asked to prepare regarding MRI and ultrasound. (This information is necessary as they are to be newly regulated in this province.)
2. After their meeting in April/May this review committee will give their recommendations to the Minister of Health.
3. After the review committee has met, we hope to meet with the Minister of Health.
4. The legislative agenda for the fall sitting gets set in June. Our committee is now anticipating that our act will be considered this fall.

Hopefully we will have some additional news in the coming months.

NSAMRT EXECUTIVE COUNCIL AND COMMITTEE CHAIRS

2011-2012 Executive Council

PRESIDENT

Karren Fader, BHSc, RTNM, CRPA(R) karren.fader@dal.ca

VICE PRESIDENT

Vicki Sorhaindo, BSc, RTR vicki.sorhaindo@cdha.nshealth.ca

DIRECTOR

Carol-Anne Davis, RTT, ACT, DHSA, BSc
carol-anne.davis@cdha.nshealth.ca

REGISTRAR

Paula Hodson, RTT paula.hodson@cdha.nshealth.ca

TREASURER

Kelly Maloney, RTNM kmaloney@swndha.nshealth.ca

SECRETARY

Melissa Morash, BHSc, RTNM Melissa.morash@cdha.nshealth.ca

MEMBER AT LARGE

Megan Brydon, BHSc, MSc(c), RTNM
megan.brydon@iwk.nshealth.ca

COMMITTEE LIAISON

Christina Maillet, RTR cmaillet@swndha.nshealth.ca

2011-2012 Committee Chairs

AWARDS

Julie Avery, BHSc, RTNM Julie.avery@dal.ca

CONTINUING EDUCATION

Ryan Duggan, BHSc, RTR, MHI ryan.duggan@dal.ca

PUBLICATIONS

Elise LeBlanc, BHSc, RTR elise.leblanc@cdha.nshealth.ca

PUBLIC RELATIONS

Christine Baillie, RTT Christine.baillie@cdha.nshealth.ca

HISTORIAN

Wayne LaRade, RTR wayne.larade@cehha.nshealth.ca

REFRESHER PROGRAM

Cindy Murphy, BHSc, RTR, ACR cindy.murphy@dal.ca

NOMINATIONS TO THE NSAMRT EXECUTIVE COUNCIL

The NSAMRT are seeking Nominations for President and 2 Executive Council Positions on the NSAMRT Executive at the 71st Annual NSAMRT AGM:

President - Two Year Term

2 Executive Council Positions - Two Year Term

The NSAMRT invite the membership to submit nominations by email prior to the meeting. Nominations will also be accepted from the floor at the AGM.

Kindly submit your nominees to: Paula Hodson, RTT, Registrar paula.hodson@cdha.nshealth.ca

Nuclear Medicine Technologist Award 2010

2010 Dorothy Archibald Award Winners



Saroj Sharma is pictured with Anita MacDonald, RTNM, Saroj Sharma Nuclear Medicine Award winner for 2010. The award winner is nominated by the 2010 graduating class of Nuclear Medicine Technology and recognizes a Nuclear Medicine Technologist committed to student learning, dedication to the profession and compassion to patient care. The award is sponsored by Saroj Sharma, retired NM Technologist.



Congratulations to **Lori Ann Sacrey**, 3rd year Radiological Technology Student and **Amy Morris**, 3rd year Nuclear medicine Student on winning the **Dorothy Archibald Prize** for student achievement.

Thank You to Dorothy Archibald also for continued involvement in the future of Medical Radiation Technologists.

Pictured left to right: Lori Ann Sacrey, Dorothy Archibald, Amy Morris.

2010 NSAMRT Student Graduates

Dalhousie Health Sciences, Radiological Technology

- Jacqueline Cull
- Erin Halverson
- Michael King
- Elise LeBlanc
- Myrna Lingenfelter
- Julie McHugh
- Marley Preston
- Chandran Spicer
- Kyle White

Dalhousie Health Sciences, Nuclear Medicine

- Cheryl Bennett
- Jonathan Bower, Dr. Robert H. Martin Award
- Brandon Hardy, Radiologists' Award and the DRAXIMAGE Award
- Brad Hatcher
- Angela Millett

University of Toronto Medical Radiation Sciences, Radiation Therapy

- Carolyn Bonnar
- Leslie Blair

NSAMRT MEMBERSHIP NEWS

ON THE MOVE

Jonathan Bowers, BHSc, RTNM, Nuclear Medicine, QEII, Capital Health

Barbara Breining, BSc, RTR, General Imaging, QEII, Capital Health, Graduated UPEI Radiography Program 2010

Deb Foster, RTR, RTMR, MRI, QEII, Capital Health

Brandon Hardy, BHSc, RTNM, Nuclear Medicine, QEII, Capital Health

Michael King, BHSc, RTR, General Imaging, QEII, Capital Health

Elise LeBlanc, BHSc, RTR, General Imaging, QEII, Capital Health

Warrant Officer Dave Mann, MRT(R), RDMS,CD,DI Chief tech, CFB Stadacona

Master Corporal Maloud Mansouri, MRT(R),MRad Tech, CFB Stadacona

Julie McHugh, BHSc, RTR, General Imaging, QEII, Capital Health

Corporal Sarah Shaver, MRT(R),MRad/CT Tech,Graduated Red River College (Winnipeg MB) received OMNIPaque Award for top student (Sept 2010)

Chandran Spicer, BHSc, RTR, General Imaging, QEII, Capital Health

Leading Seaman Terri Stortts, MRT(R),MRad/CT Tech,Graduated Northern Alberta Institute of Technology (NAIT)MRad program (May 2010)

Carrie-Ann Valdrón, RTR, General Imaging, QEII, Capital Health, Graduated Fanshawe College, London, Ontario 2010

Kyle White, BHSc, RTR, General Imaging, QEII, Capital Health

Amanda Wetmore, RTR, General Imaging, QEII, Capital Health, Graduated Fanshawe College, London, Ontario 2010

Denise Wright, RTR, Mammography Imaging, Dartmouth General, Capital Health

RETIREMENTS!

Edith Hearn, RTR, General and Ultrasound Imaging, Cobequid, Capital Health

Maureen Marvin, RTMR, MRI, QEII, Capital Health

Sandra Noonan, RTR, Angiography, QEII, Capital Health

Sally Peters, RTR, Mammography Imaging, Dartmouth General, Capital Health

Heather Small, RTR, General and Mammography Imaging, QEII, Capital Health

ACHIEVEMENTS

Anita MacDonald, RTNM, Nuclear Medicine Technologist, QEII, Capital Health on winning the Saroj Sharma Nuclear Medicine Technologist Award.

Jill Surette, BSc, RTNM, Nuclear Medicine Technologist, IWK on winning the CAMRT Early Achievement Award at the 2010 CAMRT Conference.

Lori Ann Sacrey, 3rd year RADT student and Amy Morris, 3rd year NUMT student on winning the Dorothy Archibald Award for 2010.

Christina Doyle, 3rd year NUMT on winning the Heather Mattice Award.

Jennifer McPhee, 3rd year NUMT on winning the Margaret Barrett Banks Award.

Brenda Lumsden, RTR, RTMR, St. Martha's Regional Hospital, Antigonish, successfully passed the MRI certification exam.

2011 Fall Education Seminar - If you have suggestions for seminar topics please contact Ryan Duggan (Ryan.Duggan@dal.ca). The Education Committee is in search of an MRI representative. If interested, please contact Ryan.

Please send in all your professional membership news to elise.leblanc@cdha.nshealth.ca. Items can only be placed in the newsletter if they are received.

DATES TO REMEMBER ~ 2011-2012

71st Annual NSAMRT Conference and AGM- hosted by Cape Breton District Technologists, Baddeck, NS April 29-May 1, 2011

2011 CAMRT 69th Annual General Conference, Saskatoon, Saskatchewan, June 2-5, 2011

SNM Annual Meeting, San Antonio, Texas, June 4 - 8, 2011

2011 MRT Week- November 6 - 12, 2011

2011 NSAMRT Fall Education Session- November 5, 2011

2011 RSNA AGM, Chicago, Illinois- November 27- December 2, 2011

71st Annual NSAMRT Conference and AGM- Spring, 2011

17th ISRTT World Congress and CAMRT 70th Annual General Conference, Sheraton Centre, Toronto, June 7-10, 2012